

# Blood Glucose and Insulin Log



The Quality Improvement Services Group of ALLIANT HEALTH SOLUTIONS

Date	Breakfast		Lunch		Dinner		Bedtime		Comments
	Blood Glucose (fasting)	Insulin Dose	Blood Glucose	Insulin Dose	Blood Glucose	Insulin Dose	Blood Glucose	Insulin Dose	

AdventHealth Advantage Plans is administered by Health First Health Plans. Health First Health Plans is an HMO plan with a Medicare contract. Enrollment in Health First Health Plans depends on contract renewal. Y0089\_MPINF09217\_AH\_C(04/2021)

